

Ki and Aikido Seminar and Grading

with

**Shihan Philip Burgess
Kudan (9th Dan)**

Chief Instructor of the British Ki Society.

Saturday 23rd November 2024



Alness Ki Society

Kendal Crescent
Alness
Ross-Shire IV17 0UG
Scotland

Program

10.00 am - 12.00 pm Training

12.00 - 1.00 Lunch

1.00 - 3.00 pm Training

3.00pm - 3.30 pm Tea break.

Gradings 3.30 - 5.00pm

This will be a course aimed primarily at Dan grades but other students are warmly invited to attend.

Tea & Coffee will be provided. Please bring your own lunch (or use one of the local shops)

Mat Fees : Full Day £30 and Half Day £20

For further information: Tel: 01349 880473 or 07856549252

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